2-The Seventh Day

1/7/2023

INTRO:

II.

BODY:

I. → Genesis 2:2-3

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And God ended on the seventh day
from all his work which he had made;
and he rested on the seventh day
from all his work which he had made.

And God blessed the seventh day
and made it holy
because on it he rested
from all his work
which God created to make.

SUN GOING DOWN ON THE WESTERN WALL
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I. A Day of Ceasing

- A. God wants to restore a sustainable rhythm in our life.
 - 1) **Genesis 5:29**

[Lamech] named him Noach and said, "He will comfort us in the labor and painful toil of our hands caused by the ground the Lord has cursed."

2) Genesis 8:4

And the ark **rested (nuwach) on the seventh** month . . . upon the mountains of Ararat.

3) **Genesis 8:22**

"As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease." (Shabbat)

- B. The difference between employees and slaves is days off.
 - 1) 2 Chronicles 36:20-21

And those who escaped from the sword he carried away to Babylon, where they became slaves . . . until the land had enjoyed her Sabbaths. As long as she lay desolate she kept Sabbath.

2) TAKING EVERY MONDAY OFF

II. A Day of Rest

- A. God gave us a pattern so we could rest without guilt.
 - 1) **Exodus 31:17**

"It will be a sign between me and the Israelites forever, for in six days the Lord made the heavens and the earth, and on the seventh day he rested and was refreshed."

- 2) MOON PHASES ABOUT 7.38 DAYS
- B. He didn't make us for the Sabbath, but the Sabbath for us.
 - 1) Mark 2:27-28

Then he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath."

- 2) SABBATH ELEVATORS
- 3) THE ORIGIN OF LABOR LAWS

III. A Day of Blessing

- A. <u>If we trust the Lord He will always make up the difference.</u>
 - 1) Exodus 16:29

Bear in mind that the Lord has given you the Sabbath; that is why on the sixth day he gives you bread for two days.

- 2) ERIC LIDDLE REFUSING TO RUN
 - a) Note from trainer, "In the old book it says: He that honors me I will honour."
 - b) Ran the sprint for 400m and broke the WR 47.6
 - Returned to China, died in Japanese internment camp

- B. <u>Life is too short to pass up on God's blessings.</u>
 - 1) You can work 7 days, but God will only bless 6 of them.
 - 2) **Hebrews 4:9-11**There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his.
 - 3) SATURDAY NIGHT ON THE FARM

OTHER SCRIPTURES:

Isaiah 58:13-14

13 "If you keep your feet from breaking the Sabbath and from doing as you please on my holy day, if you call the Sabbath a delight and the Lord's holy day honorable, and if you honor it by not going your own way and not doing as you please or speaking idle words, 14 then you will find your joy in the Lord, and I will cause you to ride in triumph on the heights of the land and to feast on the inheritance of your father Jacob."

Exodus 20:8-11

8 "Remember the Sabbath day by keeping it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. 11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.